

DEFINING THE RAINBOW



Lesbian: A self-identified woman who experiences attraction toward other self-identified women.

Gay: Anyone who experiences attraction toward the same gender. Gay is also often used as an umbrella term for non-straight sexuality.

Bisexual: Attraction to more than one gender.

Pansexual: Attraction to people regardless of their gender or sex.

Queer and/or Questioning: Queer is an umbrella term to encompass any non-straight and non-cisgender person, questioning is a term that means someone is questioning their sexual orientation or gender identity

Intersex: Intersex refers to people who were born with a combination of chromosomes, hormones, internal and external reproductive organs that makes it difficult to categorize them as male or

female. Being intersex is not like sexual orientation or gender identity, it is a naturally occurring variation in humans

Asexual: This is an umbrella term for individuals who do not experience, or experience very little, sexual desire. Some asexual or "ace" people are interested in having romantic relationships, some are not. Anyone can be asexual regardless of sexual orientation or gender identity

Ally: People who are both cisgender and straight, and believe in legal and social equality for LGBTQ+ people. Note: The 'A' in LGBTQIA+ refers to asexual, not ally!

+: The + at the end of some acronyms is to acknowledge the wide variety of additional identities outside the perceived norms of cisgender and heterosexual identities.

Gender Identity

Transgender: describes someone whose gender identity is **not aligned** with the sex they were assigned at birth.

Non-binary: A person who **does not identify with the gender binary**. Some non-binary people consider themselves transgender. Non-binary can also be an umbrella term to describe other gender identities

Cisgender:

describes someone whose gender identity **aligns** with the sex they were assigned at birth

Pronouns: Pronouns are words used to describe someone in place of their name. Some pronouns include but are not limited to "she/her," "he/him," and gender-neutral ones such as "they/them." **Someone's pronouns do not always align with others' assumptions based on their appearance**, so it's important to ask rather than assume. Using the correct pronouns for someone is as important as using the correct name. Sharing pronouns on emails and during meetings can open the space for others to feel welcome - but this shouldn't be mandatory or used to "out" anyone.

FLAGS OF

THE RAINBOW

Many people think the Rainbow Flag is the only one in our community. While the Rainbow flag represents all LGBTQ+ people, here are a few more flags and their meanings!



Progress Pride Flag



Rainbow Flag



Philadelphia Pride Flag



Agender Pride Flag



Bigender/Gender-Fluid
Pride Flag



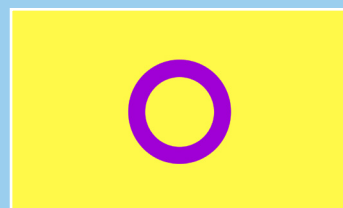
LGBTQ+ Ally Flag



Pansexual Pride Flag



Asexual Pride Flag



Intersex Pride Flag



Man-loving-Man Pride
Flag



Polysexual Pride Flag



Bisexual Pride Flag



Lesbian Pride Flag



Nonbinary Pride Flag



Transgender Pride Flag